

# Clarice Cliff Primary School

'A happy, community school creating bright futures  
by celebrating success'

## Personal, Social, Health and Citizenship Education Policy

### The Importance of Personal, Social Health and Citizenship Education.

Personal, social, health and citizenship education helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed active responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They will be encouraged to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral social and cultural issues that are part of growing up. They will also be encouraged to find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. They will learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

### Introduction.

Personal, social, health and citizenship education is the "intentional promotion" of the personal and social development of pupils through the whole curriculum and the whole school experience at Clarice Cliff Primary. It is our aim to provide children with the self awareness, positive self-esteem and confidence to:

- Stay as healthy as possible with a healthy lifestyle
- Keep themselves and others safe
- Have worthwhile and fulfilling relationships
- Respect the differences between people
- Develop independence and responsibility
- Play an active role as members of a democratic society
- Make the most of their own and others abilities

### Role of Personal, Social, Health and Citizenship Education co-ordinator and team.

The role of the Personal, Social, Health and citizenship co-ordinator and team is to:

- support and advise colleagues with regard to the curriculum and activities relating to PSHE and Citizenship;
- plan with the team explicit topics / lessons / projects re: PSHCE and to promote the provision for PSHCE implicitly and explicitly.
- Liaise with the home school links worker who will lead and manage the school council, training staff and children as appropriate
- Liaise with the home school inks worker who will lead and manage the peer mediation scheme and organise training for staff and appropriate pupils.
- liaise with other co-ordinators of linked areas;
- audit provision regularly by auditing planning, scanning work, interviewing pupils and staff and through observation;
- to report on PSHCE to the Senior Leadership Team and Governors as appropriate;
- review and evaluate the scheme of work and policy regularly.

### The Importance of Personal, Social, Health and Citizenship Education.

During the Foundation Stage, Key Stage 1 and Key Stage 2 pupils learn to talk about themselves as developing individuals and as members of their communities, build on their own experiences and on the early learning goals for personal, social and emotional development. They learn the basic rules and skills for keeping themselves healthy and safe and for behaving well.

They have opportunities to show they can take some responsibility to learn about their own and other peoples' feelings and become aware of the views, needs and rights of other children, other cultures and older people. As members of a class and school community they learn social skills such as how to share, take turns, play, help others, resolve simple arguments and resist bullying within both classroom and playground activities. They begin to take an active part in the life of their school and its neighbourhood.

### Knowledge, Skills and Understanding.

At Clarice Cliff Primary School it is our aim to provide a broad and balanced curriculum which promotes the spiritual, moral, cultural, mental and physical development of pupils.

We adopt a whole school approach in teaching the knowledge, skills and understanding required for Personal, Social, Health and Citizenship Education.

Curriculum provision is a combination of:

- Discrete curriculum time;
- Circle time;
- Teaching personal, social and health education through and in other subject/curriculum areas and through other areas of school life (work is carefully planned within the medium term planning arrangements).
- Personal, Social and Health Education projects, activities and school events;

Children are encouraged to recognise likes and dislikes, fairness and unfairness and what is right and wrong. They learn to share their opinions on things that matter to them and to explain their views. Children are encouraged to develop personally and deal with their feelings and experiences in a positive way to identify their strengths and weaknesses and to set simple targets.

Children's views are sought with regard to school development either through questionnaire, transition projects and the school council.

As a school we feel that it is very important to provide opportunities to encourage each child to develop his/her full potential and grow as a well-balanced emotionally intelligent individual. We have incorporated the ALPs approach (Accelerated Learning in the Primary school) helping children to maximise their brain's potential through the development of higher order thinking skills and through providing an environment conducive to optimum learning. (See draft teaching, learning and assessment framework).

#### Preparing to play an active role as citizens.

It is our aim as a school to create an environment which is happy, friendly, safe, secure and stimulating, an environment which promotes good working relationships between all members of the school community. This 'ethos' is promoted in a variety of ways. Collective worship provides a daily opportunity to enhance pupils' spiritual, moral, social and cultural development. At Clarice Cliff Primary School this special time is an opportunity to promote and celebrate the schools' values. (See Collective Worship policy).

Children within school are actively encouraged to co-operate with and support each other; listening, discussing, sharing and being sensitive to the needs of others. To promote this sense of 'citizenship' children are

directly involved in the setting of school and classroom rules and electing members of the school council, and House Captains. Through discussion and circle time children are encouraged to develop and follow agreed rules for their group, class and the whole school.

Children are given the opportunity to play an active role as a citizen within their local environment and as part of the whole community. As a school we have strong links with the local community. Children visit local churches for special services. We actively encourage visitors from the local community to lead some of our collective worship in school.

Children are encouraged to look after their school environment, and their ideas for developing and improving the schools grounds are sought when renewing the school development plan, thereby creating an environment for which children feel they have responsibility.

Children are able to further develop their knowledge of the world around them with regular trips including Parkhall, Cannock Chase, Gladstone Pottery Museum, Brampton Museum and other local schools.

### Developing a Healthy, Safer Lifestyle

To promote the importance of a healthy lifestyle P.S.H.C.E. is taught within topics including:

- 'Out and About' in Nursery (which includes road safety and holidays),
- Growth in Reception,
- Living things, Materials and Forces, our Local Area/School in Y1 & Y2,
- Teeth and Healthy Eating and Our Locality in Y3,
- in Y4 there is Moving and Growing,
- in Y5 Keeping Healthy and in Y6 Save a Life.

We encourage visitors from relevant agencies to visit school and work with the staff and children.

### Food and Nutrition

Food and nutrition play an important part in our cross-curricular topics. Children are encouraged to make healthy choices at dinnertime and milk and a variety of fruit and savouries are available at break time. Catering staff regularly hold information sessions about school dinners for pupils and parents.

Fresh water is available in school and children are encouraged to drink frequently to prevent dehydration and promote concentration and brain activity. Children are encouraged to take 'brain breaks' within lessons to

encourage optimum brain activity. We also endeavour to ensure a safe and secure working environment with adequate levels of heating and lighting.

### Personal Hygiene

Hygiene routines in school are promoted as being very important. Children from the nursery upward are taught about food hygiene: to wash their hands carefully after using the toilet, before eating food and when preparing it. Keeping clean is taught as a discrete unit in Y1 by the School Nurse and complemented by the Dental Nurse.

### Healthy Bodies

Through games, gym, dance and science work children develop awareness of the importance and need for exercise to maintain a healthy body including the importance of warming up/cooling down. In the summer term the whole school takes part in a sports fun day.

### Sex and Relationships

Our children will be encouraged to develop lifelong learning about physical, moral and emotional development, including the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. We are keen for our children to develop an awareness of how they grow and develop and our science work includes life cycles. We will answer children's questions about sexual development as and when they arise in a sensitive and discrete manner. Children in Year 5 have more formal puberty and sex education lessons led by the school nurse.

### Safe use of Substances (Drugs awareness)

At Clarice Cliff Primary we recognise that the early education of our children regarding the misuse of substances is crucial to ensuring their health and well being and educational attainment in the future. Our children are made aware of the dangers of tasting unknown substances and that household products including medicines can be harmful if not used properly. Drug awareness is taught as a discrete unit in Y1/Y2 led by the School Nurse. Year 6 complete the "Save a Life" certificate with the aid of a paramedic and this includes drug awareness.

## Safety

Safety routines in school are emphasised regularly. Children are taught specific safety rules with certain subjects, safe use of apparatus in PE, how to use tools in D & T, science and art. Children are reminded about rules concerning moving safely around the school and not running in the corridors.

Children are regularly made aware of the dangers of going with strangers as part of our going home routine, and through assemblies. The children are also taught an awareness of the dangers of the roads, suitable crossing procedures, emergency services procedures and fire safety awareness.

## Developing good relations and respecting the differences between people

Throughout the Foundation Stage, Key Stage 1 and 2 children are encouraged to have consideration and respect for others. Great emphasis is placed on caring for one another and working and playing co-operatively. Playtimes (including dinner time) are carefully planned for with learning objectives, many of which are personal and social. Our Lunchtime Supervisors carefully plan activities for this aspect of school life, therefore maximising opportunities for the children to develop physical and PSHE skills and knowledge.

At Clarice Cliff Primary we aim to always emphasise the positive. Children's achievements are judged individually and celebrated with verbal praise and special awards for good manners, kindness and helpfulness.

Each class teacher gives House Points, and children can have their name recorded in the Golden Book for good work or behaviour. When a child has been included 10 times s/he can choose a gift from the Golden Box. Stickers are given to children or displayed on work for effort, improvement and achievement. Each week a 'Celebration Assembly' is held for the school.

Merit awards and Head Teacher's awards are presented for a variety of positive achievements made during the school week. Dinnertime awards are presented for good behaviour and politeness at lunchtime.

Children are reminded about the importance of socially acceptable behaviour at all times (see behaviour policy). Rules made in school are kept to a minimum but are agreed upon by the children to ensure that everyone can work and live in a safe and comfortable environment. The

school rules are displayed around the school and regularly included in the newsletter to parents.

### Family Life Education

At Clarice Cliff Primary School we have established a strong sense of being a 'family community'. It is our aim, within PSHE, to also meet the needs of members of our school community besides the pupils. The school staff take time to listen to parents' views and concerns and act upon them. The school aims to put parents who are experiencing difficulties in touch with agencies which can help them. Staff are cared for within our ethos of being a 'happy community school' and the staff support network is strong. We make every effort to help each other cope with stress (see Positive Mental Health policy).

We believe that children reach their full potential through strong links established between home, school and local community. We welcome parents into the school and value the role that families play in children's education. We regularly consult with parents on P.S.H.E. matters aiming to develop understanding between home and school and reinforce key points of learning. (See relevant policies and Home-School agreement)

Related Policies and information:

- School Development plan
- Individual subject policies
- School Prospectus
- Curriculum policies, schemes of work and medium term plans
- Child Protection
- Collective Worship
- Behaviour (incl. anti-bullying)
- Health & Safety
- Home/School & Community
- Equal Opportunities and Racial Equality
- Communication policy
- Positive Mental Health policy
- SEN policy and scheme of work
- Foundation Stage policy
- Critical Incident policy
- S.M.C.S. policy
- Extra Curricular activities.
- Asthma policy
- Attendance policy
- Staff Handbook

This policy will be reviewed annually and updated as necessary.